

Directorate of Health & Family Welfare  
Government of Punjab  
Integrated Disease Surveillance Programme (IDSP)  
Parivar Kalyan Bhawan, Sector-34A, Chandigarh.  
Phone No: 0172-2621506, punjab.idsp@gmail.com



No. IDSP/NHM/Pb/20/ 5353-96.

Dated: 21.05.2020

To

1. All The Civil Surgeons,  
Punjab
2. All The Deputy Commissioners,  
Punjab.

**Sub: Regarding Revised Guidelines for Containment Zone, Buffer Zone and Clusters.**

With reference to the above mentioned subject the following guidelines should be implemented for containment of Covid-19 Pandemic.

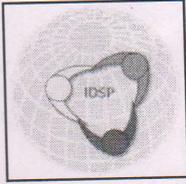
**1. Definitions :**

- a. **Containment Zone:** Containment zone may be defined as an area around the epicenter of cases in a village/ward based on the number (15 or more) of cases in a particular village or ward. It can also be a small group of adjacent villages or wards. The physical perimeter of the containment zone should be defined clearly in terms of (a) access to area (roads/streets) (b) size of the area.
- b. **Buffer Zone:** Buffer zone may be defined as a concentric area around the containment zone where control activities need to be carried out. It is defined for the purpose of intensive house to house surveillance and contact tracing. The radius of the buffer zone may be up to 1 kilometer.

**2. Permitted Activities:**

The only activities allowed are as per the guidelines issued by the department of Home Affairs & Justice, Government of Punjab regarding Lockdown.

However, in containment zone, there will be a physical perimeter and only activities pertaining to the medical emergency and essential services shall be allowed in a containment zone.



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### 3. Health Activities in these Zones:

In all these zones, Health Department would carry out intensive house-to-house surveillance and contact tracing. All positive cases shall be shifted to health facilities as per health protocols. Special health focus will be on vulnerable and high risk population.

#### Exit strategy for containment zone:

Continuous house-to-house surveillance and contact tracing would be carried out. **Containment period would be of minimum 14 days.** If in a last one week, there is not more than one new case. Containment zone shall be opened. Otherwise it would be extended by one week at a time.

This is for your information and further necessary action.

Endst. No. IDSP/NHM/Pb/20/ 5397-99.

  
Director Health Services (Punjab)  
Dated: 21.05.2020

Copy forwarded to:-

1. PS to PSHFW for information of Principal Secretary Health & Family Welfare, please
2. PA to MD NHM for information of Mission Director NHM, please
3. PA to MD PHSC for information of Managing Director, PHSC, please

  
Director Health Services (Punjab)